



# **Mint Spritz**



- Sub Category Name Drink Mocktails/Iced Tea
- Recipe Source Name The Dilmah Book of Tea inspired Cuisine & Beverage
- Activities Name Cleanse and Power up at Gym
- Glass Type

**Collins Glass** 

## **Used Teas**



t-Series Pure Peppermint Leaves

## Ingredients

**Mint Spritz** 



- 60ml Dilmah t-Series Pure Peppermint Leaves
- 60ml Sprite
- ¼ Lime

#### **Methods and Directions**

#### **Mint Spritz**

- Brew 2g of the herb in 100ml of hot water for 5 minutes and strain.
- Pour the ingredients and a few cubes of ice into a Collins glass and mix well.
- Add pieces of lime.

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