

## Nation's Spirit



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- Sub Category Name  
Drink  
Hot Tea
- Recipe Source Name  
The Dilmah Book of Tea inspired Cuisine & Beverage

### Used Teas



Ceylon Premium Tea

### Ingredients

#### Nation's Spirit

- 250ml Dilmah Premium Ceylon Tea
- Pinch of Saffron
- Dry Lemongrass
- A few Coriander Seeds
- Ginger
- Fresh milk



## Methods and Directions

### Nation's Spirit

- Brew 2g of tea with the saffron, a piece of lemongrass, coriander seeds and small piece of ginger for 3-4 minutes in 250ml boiling water.
- Strain into a tea cup and top up with fresh milk according to preference.

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