



# **Energy**



0 made it | 0 reviews

- Sub Category Name Drink Hot Tea
- Recipe Source Name
   The Dilmah Book of Tea inspired Cuisine & Beverage

## **Ingredients**

#### **Energy**

- 200ml Dilmah Watte Single Estate Somerset Estate Pekoe
- 10g Roasted Cumin Seed
- 1 piece of Jaggery

### **Methods and Directions**

#### **Energy**

- Brew 2g of tea with roasted cumin seed in 200ml hot water for 2 minutes.
- Strain and serve in a teacup with a piece of Jaggery.

ALL RIGHTS RESERVED © 2025 Dilmah Recipes | Dilmah Ceylon Tea Company PLC Printed From teainspired.com/dilmah-recipes 19/04/2025