

## Energy



0 made it | 0 reviews



- Sub Category Name  
Drink  
Hot Tea
- Recipe Source Name  
The Dilmah Book of Tea inspired Cuisine & Beverage

## Ingredients

### Energy

- 200ml Dilmah Watte Single Estate - Somerset Estate Pekoe
- 10g Roasted Cumin Seed
- 1 piece of Jaggery

## Methods and Directions

### Energy

- Brew 2g of tea with roasted cumin seed in 200ml hot water for 2 minutes.
- Strain and serve in a teacup with a piece of Jaggery.

ALL RIGHTS RESERVED © 2024 Dilmah Recipes | Dilmah Ceylon Tea Company PLC Printed From  
[teainspired.com/dilmah-recipes](https://teainspired.com/dilmah-recipes) 21/11/2024