

## Spearman



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- Sub Category Name  
Drink  
Mocktails/Iced Tea
- Recipe Source Name  
Infusions Recipes

## Used Teas



Green Rooibos  
Lemongrass &  
Spearmint

## Ingredients

**Spearman**  
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- 100 ml Lemongrass & Spearmint Infusion (5 minute brew, chilled)
- 50 ml Mango juice
- 15 ml Honey
- 1 fresh lime squeeze



## Methods and Directions

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- Add all ingredients to an ice-filled drinking jar
- Garnish with a mango fan and a slirig of lemongrass

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