

## The Creek



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- Sub Category Name  
Drink  
Mocktails/Iced Tea
- Recipe Source Name  
Grab & Go Concept Recipes

## Used Teas



Rooibos Cinnamon,  
Turmeric, Ginger &  
Nutmeg

## Ingredients

### The Creek

- 120ml Cinnamon Turmeric Ginger & Nutmeg
- 10ml monin cinnamon
- 10ml lime
- 20ml honey
- 50ml ginger beer
- Few cubes of ice for glass



## Methods and Directions

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- Brew 3g of cinnamon Turmeric Tea 250ml of boiling water for 5 Minutes.
- Strain the tea leaves.
- Pour the Tea and balance ingredients into cocktail shaker
- Vigorously shake the ingredients with a few
- Cubes of Ice for 8-10 Seconds
- Pour into an iced tea Glass.

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