

## Ceylon Tea with Apple Pie and Vanilla Smoothie



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- Sub Category Name  
Drink  
Smoothies
- Recipe Source Name  
Grab & Go Concept Recipes

### Used Teas



Vivid Ceylon Tea  
with Apple Pie &  
Vanilla

### Ingredients

#### Ceylon Tea with Apple Pie and Vanilla Smoothie Ceylon Tea with Apple Pie and Vanilla Smoothie

- 100ml of Ceylon tea with Apple Pie and Vanilla
- 85g Plain Yoghurt
- 20ml Apple puree
- 10ml Honey
- 15g of Blueberry



## Methods and Directions

### Ceylon Tea with Apple Pie and Vanilla Smoothie

- Brew 4g of Ceylon Tea with Apple Pie and Vanilla 200ml of boiling water for 5 minutes.
- Strain the tea leaves.
- Pour the tea & balance ingredients into the blender and mix for 2 minutes

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