

Chocolate Mousse with Earl Gray & Bergamot and Cacao Nibs Crumble



0 made it | 0 reviews



- Sub Category Name
Food
Desserts
- Recipe Source Name
Dilmah Vivid Tea

Used Teas



Vivid Aromatic Earl
Grey Tea

Ingredients

Chocolate Mousse with Earl Gray & Bergamot and Cacao Nibs Crumble

- 4 egg yolk
- 100 g sugar
- 175g manjari chocolate
- 20 g Dilmah Vivid Aromatic Earl Gray Tea
- 200ml milk
- 20 ml captain Morgan rum
- 200ml cream (to whisk)



Cacao Nibs Crumble

- 200g-flour
- 50g sugar
- 30 g crushed cacao nibs
- 120g butter
- 25g cacao powder

Chocolate Tuille

- 200g dark chocolate
- 100g isomalt sugar
- 20 g glucose
- 300ml water
- 80g sugar
- 3g xantana

Methods and Directions

Chocolate Mousse with Earl Gray & Bergamot and Cacao Nibs Crumble

- Infuse the cream milk with 10-10 g of Original Earl gray tea for overnight (12 hours) Whisk the yolks with the sugar and pinch of salt.
- Cook in a small saucepan with the infused milk. When it reaches the 80C degrees, remove from the heat, and pour over the melted manjari chocolate.
- Allow to cool, whisk the infused cream until it holds soft peaks.
- Fold the cream into the chocolate, fill it into piping bags.

For the Cacao nibs crumble:

- Crush cacao nibs in the mortar.
- Combine the flour with rest of the dry ingredients, add the butter.
- Place it on baking paper, bake at 180C degrees for 10 minutes.

For the Chocolate tuille:

- Bring up to boil the water with sugar, glucose, isomalt
- Melt chocolate over Au bain-marie, pour the liquid in, add xantana.
- Lay the mixture on silicon sheet, bake on 130C degrees for 30 min.



teainspired.com/dilmah-recipes 21/01/2025