

# Dilmah Elixir Zesty Banana Smoothie





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- Sub Category Name Drink Smoothies
- Recipe Source Name
  Elixir of Ceylon Tea Recipes
- Festivities Name Summer
- Glass Type

Highball glass

# **Used Teas**



Elixir of Ceylon Tea Black Tea with Lemon and Lime

# **Ingredients**

### **Zesty Banana Smoothie**

- 20ml Elixir Lemon & Lime
- 100g Banana



- 100ml Milk
- 5ml Honey
- 5ml Honey
- 150g Greek Yoghurt

# **Methods and Directions**

### **Zesty Banana Smoothie**

• Blend all ingredients in a blender for about 2 Minutes until smooth. Pour in to glass bottle

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