

## English Trifle



0 made it | 0 reviews



Leanne Ayre



Chris Webb

- Sub Category Name  
Food  
Desserts
- Recipe Source Name  
Real High Tea Australia Volume 2

## Ingredients

### English Trifle Sponge

- 500g sugar
- 600g butter
- 100g inverted sugar
- 600g eggs
- 12g salt
- 600g strong baker's flour
- 18g baking powder
- 320g chocolate

### Chocolate coating / spray

- 300g chocolate
- 700g cocoa powder

### Strawberry jelly

- 250g strawberry juice
- 6g gelatin



### **French vanilla custard**

- 300g cream
- 15g tea
- 2g gelatin
- 20g yolks
- 50g sugar
- 1g iota carrageenan

### **Sherry cream**

- 300g sherry cream
- 80g milk
- 10g inverted sugar
- 0.9g xanthan gum

### **Raspberry whip**

- 250g raspberry pulp
- 40g sugar
- 8g gelatin

## **Methods and Directions**

### **English Trifle**

#### **Sponge**

- Melt chocolate and set aside.
- Make a caramel to 185°C with the sugar and deglaze it with the butter.
- Cool down the butter mix, add the inverted sugar and whip it up in mixer.
- Add the eggs one by one while whisking and the rest of the ingredients sieved.
- Finish with melted chocolate.
- Bake 175°C for 20 minutes.

#### **Chocolate coating / spray**

- Melt.

#### **Strawberry jelly**

- Set jelly into moulds.

### **French vanilla custard**



- Infuse tea, boil, pour over yolks and add sugar and iota carrageenan.
- Cook.
- Add gelatin.
- Set in moulds.

### **Sherry cream**

- Reduce sherry by a quarter.
- Add milk, inverted sugar and xanthan.
- Set in moulds.

### **Raspberry whip**

- Heat pulp, add sugar and gelatin.
- Set and whip.
- Pipe into moulds.

ALL RIGHTS RESERVED © 2025 Dilmah Recipes | Dilmah Ceylon Tea Company PLC Printed From [teainspired.com/dilmah-recipes](https://teainspired.com/dilmah-recipes) 02/04/2025