

Turmeric Tea Brew



0 made it | 0 reviews



Tomek Malek

- Sub Category Name
Drink
Mocktails/Iced Tea
- Recipe Source Name
Immunity Inspired by Tea Recipes

Used Teas



Exceptional English
Breakfast

Ingredients

Turmeric Tea Brew

- 80 ml Warm (not hot) Dilmah English breakfast
- 30 ml Turmeric, ginger honey syrup**

Syrup recipe:

- 200 ml Bee's honey
- 10 pieces of Grated Turmeric
- 10 pieces of Grated Ginger
- Full bar spoon of Ground Turmeric



- 20ml Lemon Juice
- 40ml Fresh Carrot Juice

Methods and Directions

Turmeric Tea Brew

- Pour 30 ml of a syrup to warm (not hot) tea. Stir gently.
- Add all ingredients, stir gently and keep it in the room temperature for 2 hours

ALL RIGHTS RESERVED © 2024 Dilmah Recipes | Dilmah Ceylon Tea Company PLC Printed From teainspired.com/dilmah-recipes 23/11/2024