

The First Butterfly



0 made it | 0 reviews



Alberto Pizarro

- Sub Category Name
Drink
Smoothies
- Recipe Source Name
Dilmah recipes
- Festivities Name
Valentine's Day

Used Teas



t-Series Pure
Peppermint Leaves

Ingredients

The First Butterfly

- 20ml White chocolate syrup
- half fresh banana
- 100ml oats drink
- 100ml Dilmah Pure Peppermint Leaves Infusion



Methods and Directions

The First Butterfly

- Brew the infusion for 5 minutes (1 tea bag/200ml water) and let it chill.
- Combine all the ingredients with ice into the blender and blend until the drink reaches a smoothie texture.

ALL RIGHTS RESERVED © 2025 Dilmah Recipes | Dilmah Ceylon Tea Company PLC Printed From teainspired.com/dilmah-recipes 22/01/2025