

Earl Greek Breakfast



0 made it | 0 reviews



Marko Valentic

- Sub Category Name
Food
Sweets
- Recipe Source Name
School of Tea E-Learning User

Used Teas



Exceptional Elegant
Earl Grey

Ingredients

Earl Greek Breakfast

- Greek Yogurt
- Fruits of your choice
- Kiwi
- Strawberries
- Apricot
- Banana
- Blueberries
- Mango
- Raspberries



- Almonds
- Honey
- Earl Grey tea
- Lemon

Methods and Directions

Earl Greek Breakfast

- Mix Greek yogurt with chopped pieces of tart and sweet fruit. Fruit like kiwi, strawberries or apricot should be dominant and accompanied by a smaller portion of a sweet fruit such as banana, blueberries, raspberries or mango.
- Add some blanched almonds to the mix and finally a teaspoon of honey.
- Squeeze 1/5 of lemon into your Earl Grey tea.
- Add 1 teaspoon of honey to balance it out.
- Take a sip of your Earl Grey with each your bite. The sweet and sour tastes from yoghurt, fruit and honey will blend perfectly with your strong cup of tea.

ALL RIGHTS RESERVED © 2025 Dilmah Recipes | Dilmah Ceylon Tea Company PLC Printed From teainspired.com/dilmah-recipes 05/02/2025