

## Green Tea Mango Smoothie



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Tomek Malek

- Sub Category Name  
Drink  
Cocktails
- Recipe Source Name  
Cafe Drink recipe
- Festivities Name  
Autumn  
Summer

### Ingredients

#### Green Tea Mango Smoothie

- 60 ml Dilmah Green Tea with Coconut and Mango (strong brew, chilled)
- 60 ml Coconut milk
- 20 ml Maple syrup
- 1/3 Mango
- 2 Cardamom seeds
- Mango to garnish

### Methods and Directions

#### Green Tea Mango Smoothie

- Peel mango and put it into the blender.
- Add other ingredients and blend together with a bit of crushed ice.
- Pour into the glass.
- Garnish with mango and enjoy!



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