

Mango Scented Dombagastalawa Smoothie with Mango, Pineapple, and Local Curd



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Peter Kuruvita

- Sub Category Name
Food
Sweets
- Recipe Source Name
Tea-inspired breakfast

Used Teas



TPR Mango Scented
Dombagastalawa
Estate

Ingredients

Mango Scented Dombagastalawa Smoothie with Mango, Pineapple, and Local Curd

- 1 cup curd (original/unsweetened)
- 1 small banana or 1/2 of a large one
- 2 clementines or 1 orange, peeled
- 1 medium ripe mango (2 cups), peeled
- 1 1/4 cups frozen pineapple chunks
- 1 Tbsp flax seeds



- 1 cup coconut water cold infused with 2 tablespoons Mango scented tea overnight

Methods and Directions

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- Blend together

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