

## Ginger and Rose Smoothie



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Alberto Pizarro

- Sub Category Name  
Drink  
Smoothies
- Recipe Source Name  
Tea-inspired breakfast

### Used Teas



TPR Ginger and Rose  
scented  
Dombagastalawa  
Estate FBOP  
**Ingredients**

### Ginger and Rose Smoothie

- 120ml Ginger and Rose scented Dombagastalawa Estate FBOP
- 40ml Carrot Juice
- 20ml Beetroot Juice
- 20ml Pear Puree



## Methods and Directions

### Ginger and Rose Smoothie

- Add ingredients and blend

### Garnish

- Fresh Peppermint and Blueberries

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