

SENCHA REFRESHER



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Katy Brown



Benjamin Mardle

- Sub Category Name
Drink
Mocktails/Iced Tea
- Recipe Source Name
Real High Tea 2014/15 Volume 2

Used Teas



t-Series Sencha with
Lemongrass &
Peppermint

Ingredients

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Cold Brew Tea Soda

- 1L spring water at room temperature
- 5 tsp Dilmah t-Series Sencha with Lemongrass and Peppermint

Verbena Syrup

- 1 teabag Dilmah Exceptional Natural Lemon Verbena
- ½ cup boiling water
- ½ cup castor sugar

Cucumber Juice

- 225g strained cucumber purée
- 2 tsp yuzu juice
- 2 flakes Murray River salt

Methods and Directions

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Cold Brew Tea Soda

- Add tea to water and allow to brew in the fridge for 10 hours.
- Strain tea and pour into a soda Siphon. Charge the Siphon with CO2 gas and keep cold.

Verbena Syrup

- Make a strong infusion by steeping teabag in water for 5 minutes.
- Add sugar and stir to dissolve. Allow to cool.

Cucumber Juice

- Stir to dissolve.

Verbena and Cucumber Sorbet

- Add syrup to juice and mix.
- Pour into cryonitro bowl and pour in a good amount of liquid nitrogen to start as you begin to cool the cucumber liquid while gently whisking at first, then more and more vigorously as it starts to thicken.
- Freeze.

To Serve



- Place a scoop of sorbet into a champagne glass and top up with Sencha soda.

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