

Herb & Spiced Smoothie



0 made it | 0 reviews



Robert Schinkel

- Sub Category Name
Drink
Tea Shakes
Smoothies
- Recipe Source Name
Dilmah t-Series Recipes
- Activities Name
Breakfast Tea Selection
- Glass Type
Glass type: Short

Used Teas



t-Series Peppermint,
Cinnamon and Clove

Ingredients

Herb & Spiced Smoothie

- 80ml Peppermint, Cinnamon and Clove (chilled, strong brew)
- 120ml Yoghurt



- 20ml Honey
- 1 teaspoon Orange Marmalade
- Mint and Cloves for garnishing

Methods and Directions

Herb & Spiced Smoothie

- Add all ingredients into a blender
- Add 1 tablespoon of crushed ice and blend
- Pour into a chilled short glass
- Garnish with mint and cloves

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