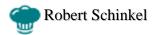


# **Herb & Spiced Smoothie**





0 made it | 0 reviews



- Sub Category Name
   Drink
   Tea Shakes
   Smoothies
- Recipe Source Name
   Dilmah t-Series Recipes
- Activities Name

  Breakfast Tea Selection
- Glass Type

Glass type: Short

# **Used Teas**



t-Series Peppermint, Cinnamon and Clove

# **Ingredients**

#### **Herb & Spiced Smoothie**

- 80ml Peppermint, Cinnamon and Clove (chilled, strong brew)
- 120ml Yoghurt



- 20ml Honey
- 1 teaspoon Orange Marmalade
- Mint and Cloves for garnishing

# **Methods and Directions**

# **Herb & Spiced Smoothie**

- Add all ingredients into a blender
- Add 1 tablespoon of crushed ice and blend
- Pour into a chilled short glass
- Garnish with mint and cloves

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