

## ENGLISH BREAKFAST TEA SERVED WITH MAPLE SYRUP CREAM AND NUTMEG



0 made it | 0 reviews



Benjamin McManus



Volker Marecek

- Sub Category Name  
Drink  
Tea Shakes
- Recipe Source Name  
Real High Tea 2014/15 Volume 2

### Used Teas



Gourmet English  
Breakfast

### Ingredients



## **ENGLISH BREAKFAST TEA SERVED WITH MAPLE SYRUP CREAM AND NUTMEG**

- Dilmah Single Region Selection English Breakfast Tea
- Freshly boiled spring water
- Unpasteurised heavy cream
- A-grade maple syrup
- Nutmeg

### **Methods and Directions**

## **ENGLISH BREAKFAST TEA SERVED WITH MAPLE SYRUP CREAM AND NUTMEG**

- Brew the tea using 1 tea bag per 200ml per person brewed at 95C for 3 ½ minutes.
- Pour the tea into a heated cup at the end of the specified brewing time.
- Softly whip heavy cream (unpasteurised) with 'A' grade maple syrup and float this on the tea.
- Sprinkle a fine grating of nutmeg before serving.

ALL RIGHTS RESERVED © 2025 Dilmah Recipes| Dilmah Ceylon Tea Company PLC Printed From  
[teainspired.com/dilmah-recipes](https://teainspired.com/dilmah-recipes) 15/01/2025