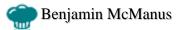


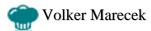
# ENGLISH BREAKFAST TEA SERVED WITH MAPLE SYRUP CREAM AND NUTMEG





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- Sub Category Name Drink Tea Shakes
- Recipe Source Name Real High Tea 2014/15 Volume 2

### **Used Teas**



Gourmet English Breakfast

# **Ingredients**



#### ENGLISH BREAKFAST TEA SERVED WITH MAPLE SYRUP CREAM AND NUTMEG

- Dilmah Single Region Selection English Breakfast Tea
- Freshly boiled spring water
- Unpasteurised heavy cream
- A-grade maple syrup
- Nutmeg

## **Methods and Directions**

#### ENGLISH BREAKFAST TEA SERVED WITH MAPLE SYRUP CREAM AND NUTMEG

- Brew the tea using 1 tea bag per 200ml per person brewed at 95C for 3 ½ minutes.
- Pour the tea into a heated cup at the end of the specified brewing time.
- Softly whip heavy cream (unpasteurised) with 'A' grade maple syrup and float this on the tea.
- Sprinkle a fine grating of nutmeg before serving.

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