

## SPICED CUSTARD, CASHEW AND APPLE



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Claire Van Vuuren



Mitchell Grady

- Sub Category Name  
Food  
Desserts
- Recipe Source Name  
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### Ingredients

#### SPICED CUSTARD, CASHEW AND APPLE

##### Anglaise Mix

- 500g coconut cream
- 100g egg yolk

##### Spiced Custard (Wattalapan)

- 500ml coconut cream
- 200g palm sugar
- 2 tsp nutmeg
- 1 tsp cardamom
- 15g agar-agar

##### Apple Salad



- 1 apple, sliced
- 20ml sugar syrup

## Methods and Directions

### SPICED CUSTARD, CASHEW AND APPLE

#### Anglaise Mix

- Cook coconut cream and yolk as you would Anglaise.
- Cool. Set aside.

#### Spiced Custard (Wattalapan)

- Bring ingredients to the boil, whisking with great vigour to dissolve agar.
- Strain onto Anglaise mix and place in fridge till set.

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