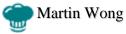


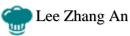
## **TESS ISLAND 1.0**





0 made it | 0 reviews





Formerly a conservation shop-house, Tess Bar & Kitchen is a drink-centric but food-centred concept with a focus on a modern interpretation of cocktails and food situated at 38, Seah Street. Represented by Lee Zhang An & Martin Wong.

- Sub Category Name Combo
  Main Courses
- Recipe Source Name Real High Tea 2014/15 Volume 1

### **Ingredients**

# **TESS ISLAND 1.0 Steamed Meringue**

- 200g egg white
- 100g sugar
- pinch of salt
- 70ml elderflower syrup
- 1 pc lime zest
- 1 1/2 pc lemon zest

#### **Fruits**

- 200g watermelon, diced
- 200g rock melon, diced



#### Sauce base

- 200g strawberries
- 70ml elderflower syrup

### **Methods and Directions**

# **TESS ISLAND 1.0 Steamed Meringue**

- Whip egg white, sugar, lime zest, lemon zest and salt together. Fit mixture into mould.
- Steam at 100°C for 20 minutes. Glaze with elderflower syrup.

#### **Fruits**

- Poach strawberries cut into chunks with elderflower syrup.
- · Add black pepper.
- Add 100g chopped basil.

ALL RIGHTS RESERVED © 2025 Dilmah Recipes| Dilmah Ceylon Tea Company PLC Printed From teainspired.com/dilmah-recipes 12/04/2025