

## Yohochominan



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- Sub Category Name  
Drink  
Smoothies
- Recipe Source Name  
School of Tea Workbooks
- Activities Name  
Breakfast Tea Selection

### Used Teas



Exceptional Berry  
Sensation

### Ingredients

Yohochominan



- 1.5l Yoghurt
- 150g grated dark chocolate
- 5 bananas
- 200ml honey
- Mint leaves

## Methods and Directions

### Yohochochinan

- Blend all ingredients

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