

## Peaches & Perera Smoothie



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- Sub Category Name  
Drink  
Smoothies
- Recipe Source Name  
School of Tea Workbooks
- Activities Name  
Breakfast Tea Selection

### Used Teas



t-Series Peach

### Ingredients

#### Peaches & Perera Smoothie



- 1.5l Yoghurt
- 1l strong brewed Peach tea (Chilled)
- 400g of corn flakes
- Canned pears (1 can)
- 20g of ground cinnamon

## **Methods and Directions**

### **Peaches & Perera Smoothie**

- Blend all ingredients
- Garnish with cornflakes

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