

## BED TEA



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Yam An Nie

The perfect brew of Ceylon's finest Nuwara Eliya Afternoon Tea, served warm.

- Sub Category Name  
Drink  
Hot Tea
- Recipe Source Name  
Dilmah Real High Tea Global Challenge 2015



### Used Teas



Silver Jubilee Nuwara  
Eliya Afternoon Tea

### Ingredients

#### BED TEA

- 2g Nuwara Eliya Afternoon Tea Leaves



- 200ml Spring Water (98°C Temperature)

## Methods and Directions

### BED TEA

- Add the Nuwara Eliya Afternoon tea leaves into a teapot. Follow by pouring in hot water. Stir the tea leaves and let the tea brew for 4 minutes. Stir the tea leaves again to ensure maximum flavour and aroma are extracted. Strain and serve immediately.

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