

## CANDY RED DATE AND WOLFBERRY NATURAL CEYLON GINGER TEA GLASS PAPER



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Kit Piu Yau



Ryan Fung

Be wooed by the high tea spread at the quirky Woo Bar of W Hotel in Hong Kong. Represented by Ryan Fung & Kit Piu Yau .

- Sub Category Name  
Combo  
Desserts
- Recipe Source Name  
Real High Tea 2014/15 Volume 1

### Used Teas



t-Series Natural  
Ceylon Ginger Tea

### Ingredients

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## Red Date and Wolfberry Candy

- 400ml water
- 100g dried Chinese red dates
- 10g dried wolfberry
- 400g white sugar
- 50g corn syrup
- 50g pectin
- 2g Lota
- 100g dried Chinese plums, shredded

## Natural Ceylon Ginger Tea Glass Paper

- 600ml Dilmah Natural Ceylon Ginger Tea
- 300g white sugar
- 3g Lota
- 1g Xanthane

## Methods and Directions

### **CANDY RED DATE AND WOLFBERRY NATURAL CEYLON GINGER TEA GLASS PAPER** **Red Date and Wolfberry Candy**

- Steam the dried Chinese red dates and wolfberry with water for 1.5 hours. Blend it into a liquid.
- Boil the above liquid with white sugar, corn syrup and pectin till 120-135°C.
- Fill it into the half-cycle mould. Cool it down.
- Then sprinkle with shredded dried Chinese plums.

### **Natural Ceylon Ginger Tea Glass Paper**

- Heat the Natural Ceylon Ginger Tea, then blend all ingredients together for 30 seconds, rest it at room temperature for 2 hours.
- Use cling-wrap to cover the tray, then put in the tea and steam it for 30 seconds and dry it in the hot box at 70°C for 3.5 hours.
- Cut it to be 12 cm x12cm squares. Pack up the “candy”. Dry it in hot box for 1 hour.