

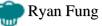
# SMOKY ROSE SMOKED DUCK | FOIE GRAS GEL INFUSED WITH ROSE AND FRENCH VANILLA TEA





0 made it | 0 reviews

📄 Kit Piu Yau



Be wooed by the high tea spread at the quirky Woo Bar of W Hotel in Hong Kong. Represented by Ryan Fung & Kit Piu Yau .

- Sub Category Name Combo Main Courses
- Recipe Source Name Real High Tea 2014/15 Volume 1

## **Used Teas**



t-Series Rose With French Vanilla

## Ingredients



t-Series Natural Rosehip with Hibiscus

SMOKY ROSE SMOKED DUCK | FOIE GRAS GEL INFUSED WITH ROSE AND FRENCH



#### VANILLA TEA Rose Smoked Duck

• 1 pc whole duck (2.5kg)

#### Marinade

- 10g Dilmah Natural Rosehip with Hibiscus
- 50g dried roses
- 50ml rose water
- 5g five-spice
- 20g sea salt
- 10g sugar

#### **For Smoking**

- 50g dried roses
- 10g Dilmah Natural Rosehip with Hibiscus
- 100g sugar
- 50g rice
- 100g flour

#### **Rose and French Vanilla Injection Foie Gras Gel**

- 200g foie gras
- 200ml Dilmah Rose with French Vanilla Tea
- 10ml brandy
- 2g Xanthane
- 2g sea salt

### **Methods and Directions**

#### SMOKY ROSE SMOKED DUCK | FOIE GRAS GEL INFUSED WITH ROSE AND FRENCH VANILLA TEA Marina da

Marinade

- Mix all marinade ingredients well, stuff all into the duck, marinate for 1 day.
- Poach whole duck in boiling water for about 3 minutes, then place it in refrigerator and let it dry for around 6-8 hours.
- Mix all the smoke-ingredients well together, and then place them in the center of a wok.
- Add a steam-tray and place the duck on the tray, cover with the wok-cover.
- Smoke until a lot of smoke comes out and turn off gas. Rest for 10-15 minutes, repeat the smoking 3 times.



• Reheat oven to 170°C, bake the duck for half an hour. Then turn up heat to 190°C, bake the duck till golden brown.

#### **Rose and French Vanilla Injection Foie Gras Gel**

- Dice the foie gras; marinate it with seasoning and the Rose with French Vanilla Tea for half an hour.
- Turn on the steamer to 65°C, steam the foie gras with the marinade sauce for 5 minutes.
- Blend the other ingredients with the foie gras until it looks like gel, then fill it into the gel mould.

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