

## MIANG KUM



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Wilai Tangpraser



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A fresh mix of lime, shallots, ginger, roasted coconut and peanuts served on a traditional Thai bitter leaf dressed in a sweet and zesty coconut and shrimp sauce.

- Sub Category Name  
Food  
Main Courses
- Recipe Source Name  
Dilmah Real High Tea Global Challenge 2015

### Used Teas



Silver Jubilee Ceylon  
Ginger, Honey &  
mint

### Ingredients

#### MIANG KUM

#### Filling



- Thai Bitter Leaf
- 80g Lime, peeled and finely diced
- 80g Shallots, finely diced
- 80g Ginger, finely diced
- 80g Roasted Coconut
- 100g Roasted Peanut, chopped

### **Sauce**

- 15g Ginger
- 10g Galangal
- 10g Roasted Peanuts
- 20g Roasted Coconut
- 5g Dry Shrimps
- 30g Palm Sugar
- 15ml Fish Sauce
- 30g Coconut Milk
- 5g Shrimp Paste

### **Methods and Directions**

#### **MIANG KUM**

- To make the sauce, in a mortar and pestle pound the ginger, galangal, dry shrimps, roasted peanuts and roasted coconut until well combined.
- In a small pot bring to a boil the coconut milk, shrimp paste, fish sauce and palm sugar and simmer for 5 minutes.
- Remove from the heat and combine it with the pounded ingredients and cool down.