

THE SWEET WHISPER



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Ishafahan Dain



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The perfect balance of soft romantic notions and sweet memories come together in this homemade vanilla macaroon that has a painting of White Chocolate infused with Dilmah Ceylon Strawberry Tea.

- Sub Category Name
Food
Savory
- Recipe Source Name
Dilmah Real High Tea Global Challenge 2015

Ingredients

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Macaroons

- 250g Almond Powder
- 250g Icing Sugar
- 80g Egg White
- 225g Castor Sugar
- 60g Water
- 60g Egg Whites

Strawberry Filling

- 200g White Chocolate
- 350ml Fresh Cream
- 125ml Dilmah Ceylon Tea with strawberry



- 5g Gelatin

Methods and Directions

THE SWEET WHISPER

Macaroons

- Mix almond powder, icing sugar and egg white to a paste and set aside.
- Cook castor sugar and water to 121°C and transfer the paste to a mixer with a whisk attachment.
- Pour in egg whites and slowly beat like an Italian meringue.
- Mix meringue with almond paste till it forms a smooth texture.
- Pipe onto a baking tray and bake at 140°C for 20 minutes.

Strawberry Filling

- In a pan, place fresh cream and boil over medium heat. When it starts to boil add Ceylon Strawberry Tea and infuse for a while. Next add in the chopped white chocolate and melt it as a ganache. Once melted add in the gelatin and mix well till dissolved and take off from heat.

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