

SCONES



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Natalie Noriega



Misaki Montgomery

- Sub Category Name
Food
Savory



Ingredients

SCONES

Honey Scones Ingredients

- 320g self raising flour
- 40g caster sugar
- 40g unsalted butter
- 2 eggs
- 80ml milk
- 80ml cream
- 25g lemon peel
- 2 tablespoon honey

Lemon and Nutmeg Jam Ingredients

- 2 lemons



- 1 tbsp lemon juice
- 100g sugar
- 1 cup water
- 1 cup extra water to boil lemons zest
- Pinch of Nutmeg

Methods and Directions

SCONES

Honey Scones Method

- Place all the dry ingredients in a mixer to make a crumble.
- Add eggs, milk, cream, lemon peel and honey.
- Roll on the bench with flour for approx 1.5 cm thickness and cut out with desired size of round cutter.
- Egg wash the top of the scone, rest for 30 min and place in 180°C with damp out, bake it for 15 min ~ 20 min.

Lemon and Nutmeg Jam Method

- Grate 3 lemons into a small pot.
- Slice one lemon thinly into rings or lengthwise. Add them into pot.
- Pour 1 cup water over lemons and boil it 10 minutes.
- Strain its water and repeat this step. The bitterness of lemon zest will be removed this way.
- Add sugar, lemon juice and 2 cups water over strained lemon zest in pot.
- Boil it over medium low heat until it reaches the right jam consistency, about 30 minutes.

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